AMERICAN LEGION AUXILIARY

A Community of Volunteers Serving Veterans, Military, and their Families

November 2026 Issue # 2

FROM THE 2026-2027 NATIONAL CHAIR OF THE VA&R PROGRAM

Upcoming events

Navy Birthday, October 13, 2026
National Veterans and Military Family Month – November 2026
Marine Corps Birthday, November 10, 2026
Veterans Day, November 11, 2026
Pearl Harbor Remembrance Day, December 7, 2026
National Guard Birthday, December 13, 2026
Wreaths Across America, December 19, 2026
Space Force Birthday, December 20, 2026
EVERY DAY IS VETERANS DAY!

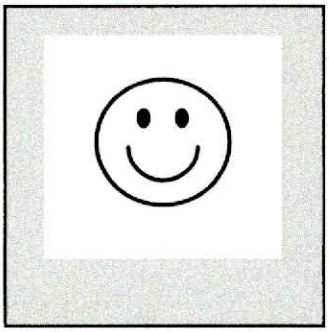
Program Information

From our National Website (www

The purpose of the Veterans Affairs & Rehabilitation Committee is to promote programs, events and services that assist and enhance the lives of veterans, their families, their caregivers and their survivors, ensuring the best quality of life possible and the continuing honor of their memory. *Standing Rules #6, Core National Standing Committees.*

Member Spotlight

We be spotlighting members on a regular bases, so please be on the lookout for that member in your department that does outstanding work with the VA&R program in some way. We know they are out there! It may be someone who has done something truly innovative, unique or inspiring to serve our veterans or maybe it's someone who has achieved a milestone in service hours. Notify your Division Chair and include an action photo!



Will this be you?

Important News

How are you serving our veterans outside VA facilities?

Every day is Veterans Day! How are we helping veterans, caregivers and their families? Compiled from the ALA National website and personal experience, below are some ideas you can use to help our veterans outside a veteran's facility.

- Organize a meal train.
- Make a meal each week and deliver.
- Pick up groceries or have them delivered through a delivery service, i.e., Walmart etc.
- Help with any errands that a veteran, their family or caregivers may have.
- Focus on conversation and companionship.
- Lend a helping hand in any way you can.
- Bring goodies, snacks and/or care packages.
- Give craft kits, crossword puzzles, magazines, books etc.
- Give veterans a thank-you card and other holiday cards.
- Give a stocking at Christmas filled with items they need or enjoy. Include a calendar.
- Be a Secret Santa all year.
- Ask your Legion Family to assist with larger projects i.e., lawn care, small home repairs etc.
- Provide transportation to appointments.

Ideas continued…..

• Give caretakers a break to allow them time to themselves and to take care of their needs.
• Veteran families have needs. College children? Send them a care package letting them know you care. School age children? Provide school supplies. Pets? Help with supplies and offer to walk their pets.
• When a veteran passes away, their survivors still have needs. Make sure they are aware of support groups and other organizations that have resources for their needs. A resource list with contact information is helpful.
• Provide a list with resources that can help veterans. Include contact information. Keep the list updated.
• Be a listening ear with a thankful heart.
• Don't say "Let me know if you need anything", most people don't want to impose. Offer to do specific things.
• Say "thank you for your service" and mean it.
• Include junior members in activities.
• Ask Junior members to draw pictures and bring the artwork to veterans and their families.
• Bring veterans magazines from The American Legion and American Legion Auxiliary.
•. Help build wheel chair ramps or make additions/repairs to the homes of local veterans with disabilities.
• Play cards with veterans. Keep veterans company showing kindness and compassion. You may be the only visitor a veteran ever sees.
This list does include everything you can do for veterans, caregivers and their families. Each veteran is unique but they have basic needs.

Member Resources

Do you have a *MyAuxiliary* Member Portal account on our National Website? If not, you are missing out on a vast number of resources for the VA&R Program. Sign up today!

ALA Academy on the National Website – Always check for upcoming or recorded events related to veterans.

Veterans Affairs & Rehabilitation A Guide for Volunteers is available on our National Website (download for free) or buy from Legion Emblem Sales.

National VA&R Facebook – SO much information posted by our committee and members. Join today!



Introducing the VA&R Committee for 2026-2027

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